VILLA ESPERANZA SERVICES
Where Hope is Hard at Work for Individuals
with Intellectual/Developmental Disabilities

VISUAL SUPPORTS: Simple Strategy – Color Code Your Home
Put together by Sherna Pinnock, Curriculum Specialist at the Villa School

When we welcomed the New Year on January 1st, did you ever think we would all be living through a pandemic at this time?

Some of us did not!

Being at home every day is a challenge we did anticipate. It's the same for our students!

One of the most important things to them is: routine.

It helps them stay regulated!

Create a schedule for use while COVID-19 has us in lockdown mode.

Another important thing for our students is the ability to communicate

Being able to communicate gives them some control, some independence and helps with regulation too.

THINK VISUALS! Pictures, Symbols, Colors!

Start with color coding

Think about it!

We already rely on colors in the environment.

Red signals stop or danger

Green signals go

Yellow tells us to slow down

Decide on colors that refer to the major rooms in the home and use them to schedule activities associated with those room if you do not have pictures. A simple, easy start! Share with us when you are done.